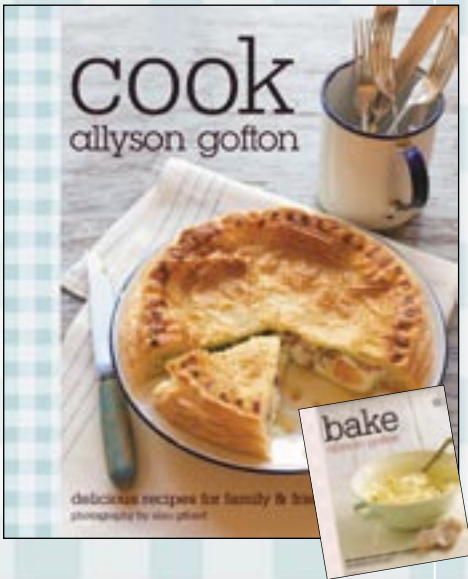




Your treasure trove of favourite recipes — perfect to share on any occasion with those you love — by New Zealand cooking legend Allyson Gofton



We all love having family and friends round to enjoy a meal, and Allyson Gofton makes it easy for us by sharing over 130 of her favourite recipes for entertaining at home.

With chapters on barbecues, picnics, afternoon teas, mid-winter meals and more, you can prepare a sumptuous feast for loved ones without spending hours at the stove and breaking your budget.

Allyson has also put together a helpful chapter on large gatherings, with useful tips on getting organised, preparing a menu and how much food and drink to allow for each guest.

With beautiful photography by Alan Gillard, *Cook* will become your treasure trove of favourite recipes — perfect to share on any occasion with those you love.

'With Bake, our favourite celebrity cook Allyson Gofton re-ignited the lost art of traditional Kiwi home baking. New Zealanders loved it and Bake stormed the bestsellers list, spending 16 weeks in the top 10 selling books in the country. Now, with Cook she turns her attention to the thing she enjoys most – entertaining family and friends at home. From casual barbeques to celebratory dinners, Allyson shows us how we can entertain with ease – and with style.' – Alison Brook, Publisher Non-Fiction, Penguin Group (NZ).



About Allyson Gofton

Allyson Gofton has been cooking for New Zealanders for over 20 years. During her varied career she has assisted Graham Kerr both here and abroad, and became the Chief Executive Officer of the New Zealand Nutrition Foundation. She was also Food Editor for *Next* magazine for many years and appeared nightly on our screens as presenter for *Food In a Minute*. Allyson has written 19 cookbooks, including the best-selling *Bake* and *After Work Cookbook*.

Allyson is a working mum with two young children and a very busy husband who love her home cooking and baking.

Allyson Gofton is available for interview

Extracts available - pto >>>

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by Allyson Gofton with photography by Alan Gillard
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RECIPES AVAILABLE FOR EXTRACT:

Should you wish to arrange a recipe extract from *Cook* you are welcome to select from the following list. Up to three recipes are available to be extracted per feature (at no charge), additional extracts available by negotiation. Please note extract stipulations and copyright details.

- Moghul chicken kebabs with cashew nut & pilaf rice salad (p16/18)
- Potato & cream pie (p36)
- Home-made crumpets (p89)
- Chocolate nut & orange slice (p116)
- Greek lamb stew (p128)
- Prune, rum & almond tart (p173)
- Lemon-crusted salmon (p193)
- Tomato & chicken bake (p217)

EXTRACT STIPULATIONS:

- Full copyright details must be present with extract
- Cover image must be present with extract
- All images to be credited to Alan Gillard

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